

BROOK INFANT SCHOOL AND NURSERY

Personal, Social, Health and Citizenship Education (PSHCE) Intent



At Brook Infant School and Nursery, the core values and questions we ask in PSHCE are embedded in all we do, as teachers, pupils, members of the community and wider world. We give pupils the knowledge, skills and understanding they need to lead confident, healthy independent lives and to become informed, active, responsible and positive members of a diverse multicultural society. We strive to prepare children for an ever-changing future, where they are equipped with all the skills, understanding and values that they will need to lead healthy, happy and inclusive lives.

The skills needed for PSHCE are not only taught in dedicated lessons, assemblies and circles time but are central to everything we do. As a school community, we ensure that children learn from the behaviour modelled by staff and each other; how we speak one another, how we value everyone and believe everyone is important, how we welcome and respect our parents and community, how we celebrate our differences and the wonderfully diverse world we live in. We model an environment where we believe in everyone's abilities and everyone's dreams.

We encourage children to constantly ask questions surrounding our core Brook values. Asking questions encourages children to gain further understanding of themselves as a unique person and as an important part of society. It also encourages children to question whether something is right or wrong, whether it is safe and how they can regulate their emotions and ask for help. By asking questions and beginning to understand themselves and their world better, children can blossom in confidence, independence, responsibility and resilience.

Our progression is developed through this intent as this structure provides the progression, along with our own professional judgement of the questions we need to ask the children at each point.

Our Core Values



AT BROOK INFANT SCHOOL AND NURSERY OUR CHILDREN IMAGINE A WORLD OF ENDLESS POSSIBILITIES WHERE THEY HAVE THE CONFIDENCE AND SELF-BELIEF TO DREAM BIG.

- What are you good at?
- How does that feel?
- How could I get better at something?
- Who can help me?
- What jobs do people do?
- What would you like to achieve?
- ecific with my instructions?



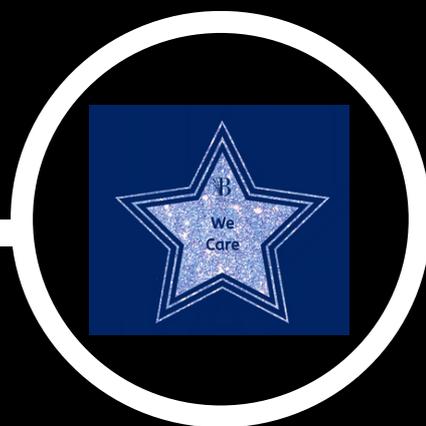
AT BROOK INFANT SCHOOL AND NURSERY, WE WANT ALL OF OUR CHILDREN TO BECOME EXPLORERS OF THE WORLD WHO WILL CONFIDENTLY QUESTION, TAKE RISKS AND CREATIVELY PROBLEM SOLVE IN THEIR THINKING. THEY WILL BE OPEN TO CHALLENGES AND NEW EXPERIENCES AND WILL SEIZE OPPORTUNITIES TO HAVE FUN AND MAKE CONNECTIONS.

- Why did or didn't it work?
- What has to change a to make it work?
- How can we use precise and unambiguous instructions?



AT BROOK INFANT SCHOOL AND NURSERY, WE WANT ALL OF OUR CHILDREN TO BELIEVE IN THEMSELVES. BEING RESILIENT WILL ENABLE THEM TO FIND THE COURAGE AND STRENGTH TO TAKE RISKS, LEARN FROM THEIR MISTAKES AND CELEBRATE THEIR SUCCESS. THEY WILL SHOW PERSEVERANCE IN THEIR LEARNING AND TO GO ON TO MAKE A DIFFERENCE IN THE WORLD.

- How does your body feel when you are happy/sad/angry..?
- Who can you talk to if you are sad/worried?
- How can you ask for help?
- Is it ok to say 'no' in some situations?
- Who does your body belong to?
- Do you have to keep secrets?
- How do we know if it's a secret we can keep or a secret we must share?



AT BROOK INFANT SCHOOL AND NURSERY, WE CARE ABOUT OUR WORLD AND THE PEOPLE WE SHARE IT WITH.

CARING IS ALL ABOUT SHOWING LOVE AND RESPECT FOR OURSELVES, EACH OTHER AND THE WORLD AROUND US.

- What does it mean to be healthy?
- How can the things we eat help you to be healthy?
- How can keeping active help you to be healthy?
- Which things are safe or dangerous?
- How do you know what is safe to put in your body?
- Who can help you when you feel unwell or unsafe?
- How can you deal with strong feelings?

THROUGHOUT ALL OUR TEACHING AND LEARNING WE STRIVE FOR ALL OUR CHILDREN TO FEEL SAFE AND LOVED AND TO KNOW HOW TO BE KIND, RESILIENT AND CURIOUS.



WE CARE (ABOUT OURSELVES)

AT BROOK INFANT SCHOOL AND NURSERY, WE WANT OUR CHILDREN TO BUILD STRONG FRIENDSHIPS THROUGH BEING KIND, COMPASSIONATE AND EMPATHETIC TOWARDS ONE ANOTHER.

- What makes a good friend?
- How do you know how others are feeling?
- How do your behaviours affect others?
- How do you know what is right or wrong/fair or unfair?
- Do all living things have the same needs?
- How can you look after your environment?
- Who can help me? How can I ask for help?
- How do I feel? What can I do with these feelings?
- What makes a good friend?
- How am I special?
- Is it ok to be different?



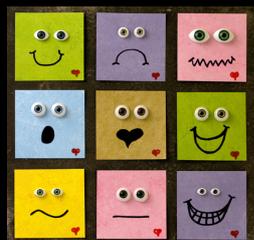
STAYING SAFE ONLINE

- Why is it important to keep personal information private?
- What information should not be share online? What type of information is safe to share online?
- Who and what can help us when we feel worried or unsafe?
- When does spending time online become unhealthy and why?
- you do if you find something online that you do not like?



KEEPING HEALTHY THROUGH HYGIENE

- How can germs be passed from one person to another?
- What can we do to stop germs and diseases from spreading?
- When in the day do we have to think about keeping clean?



MY EMOTIONS

- What are the different ways we can 'feel'?
- What are feelings and how do we recognise them?
- How do feelings affect us and the way we behave?
- What can I do to help me feel differently?
- Who can help us?
- What can we do about different feelings we have?



WE WILL ALWAYS ASK:

- Am I safe? What could the consequences of my action be?
- How can I stay healthy and safe?
- Who can help me? How can I ask for help?
- How do I feel? What can I do with these feelings?
- What makes a good friend?
- How am I special?
- Is it ok to be different?



OUR PROMISE IS THAT OUR CHILDREN WILL LEARN:

- To feel safe and know they can ask for help.
- To know their body belongs to them.
- That all feelings are important but to understand how to manage them.
- To be kind and expect kindness in return.
- To know how to make healthy choices.
- To feel special and that they matter.
- To know what they say is important and their voice is heard.